

# Effects of Domestic Violence on Children

Children of all ages are negatively impacted by domestic abuse. There are no exceptions to this rule. This is a limited list of consequences children suffer from abuse in the home.

## Physical

Physical Abuse  
Chronic Head Aches  
Stomach or Digestive Problems  
Bedwetting  
Increased or Decreased Appetite  
Trouble Sleeping  
Hair Pulling or Nail Biting  
Developmental Delays

## Behavioral, Social & Emotional

Aggressive	Depression
Angry	Low Self-Esteem
Hostile	Nightmares
Oppositional Behavior	Phobias
Fear	Passive or Clingy
Anxiety	Role Reversal
Withdrawal	Poor Impulse Control

## Cognitive Problems

Lower Cognitive Functioning  
Poor School Performance  
Lack of Conflict Resolution Skills  
Pro-Violence Attitude  
Belief in Rigid Gender Stereotypes

**Long-term effects on children include a higher rate of adult depression, and an increased tolerance for violence in relationships. Boys raised in abusive homes often grow up to be abusers; and girls raised in abusive homes often grow up to be victims.**