

Effects of Domestic Violence on Children

Children of all ages are negatively impacted by domestic abuse. There are no exceptions to this rule. This is a limited list of consequences children suffer from abuse in the home.

Physical

Physical Abuse
Chronic Head Aches
Stomach or Digestive Problems
Bedwetting
Increased or Decreased Appetite
Trouble Sleeping
Hair Pulling or Nail Biting
Developmental Delays

Behavioral, Social & Emotional

Aggressive	Depression
Angry	Low Self-Esteem
Hostile	Nightmares
Oppositional Behavior	Phobias
Fear	Passive or Clingy
Anxiety	Role Reversal
Withdrawal	Poor Impulse Control

Cognitive Problems

Lower Cognitive Functioning
Poor School Performance
Lack of Conflict Resolution Skills
Pro-Violence Attitude
Belief in Rigid Gender Stereotypes

Long-term effects on children include a higher rate of adult depression, and an increased tolerance for violence in relationships. Boys raised in abusive homes often grow up to be abusers; and girls raised in abusive homes often grow up to be victims.